

HEALTH AND LIFESTYLE QUESTIONNAIRE

EVIDENCE OF INSURABILITY

Completing the questionnaire

- Answer all questions.
- Provide information only for the proposed insured person(s).
- You must report any changes to your health or lifestyle that could influence Desjardins Insurance's decision that occur **between the time you fill out this questionnaire and when your application is approved.**

After completing the questionnaire

- Keep a copy for your records.
- Attach a copy of your insurance application.
- **Send the questionnaire and your insurance application by mail:** Desjardins Insurance, C. P. 3000, Lévis (Québec) G6V 9X8
or online at: desjardinslifeinsurance.com/send

SECTION A. REQUEST

- Late application
- Request for amount of insurance in excess of the non-evidence maximum (see your booklet)
- Request for mandatory benefit requiring evidence
- Addition of dependent without a life event
- Request for optional benefit (evidence required)
- Other:

SECTION B. IDENTIFICATION OF MEMBER

Last name and first name



**This information is
required to process
your application.**

Contract number		Division number	Certificate number	
Address – No., street, apt.		City	Province	Postal code
Telephone numbers		Work (Area code + No.):		
Home (Area code + No.):		Occupation:		

Place of birth (province, state, country)	Are you presently working? <input type="checkbox"/> Yes <input type="checkbox"/> No	If so, number of hours worked – If not, state reason:
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SECTION C. IDENTIFICATION OF EMPLOYER

Name

Address – No., street, office

City

Province

Postal code

SECTION D. IDENTIFICATION OF PROPOSED INSURED

MEMBER	Last name and first name	Sex	Date of birth YYYY MM DD	Height	Weight	Weight one year ago
		<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> ft in <input type="checkbox"/> m	<input type="checkbox"/> lb <input type="checkbox"/> kg	<input type="checkbox"/> lb <input type="checkbox"/> kg
Reason for change in weight (if applicable):						
SPOUSE	Last name and first name	Sex	Date of birth YYYY MM DD	Height	Weight	Weight one year ago
		<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> ft in <input type="checkbox"/> m	<input type="checkbox"/> lb <input type="checkbox"/> kg	<input type="checkbox"/> lb <input type="checkbox"/> kg
Reason for change in weight (if applicable):						
1 CHILD	Last name and first name	Sex	Date of birth YYYY MM DD	Height	Weight	Weight one year ago
		<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> ft in <input type="checkbox"/> m	<input type="checkbox"/> lb <input type="checkbox"/> kg	<input type="checkbox"/> lb <input type="checkbox"/> kg
Reason for change in weight (if applicable):						
2 CHILD	Last name and first name	Sex	Date of birth YYYY MM DD	Height	Weight	Weight one year ago
		<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> ft in <input type="checkbox"/> m	<input type="checkbox"/> lb <input type="checkbox"/> kg	<input type="checkbox"/> lb <input type="checkbox"/> kg
Reason for change in weight (if applicable):						
3 CHILD	Last name and first name	Sex	Date of birth YYYY MM DD	Height	Weight	Weight one year ago
		<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> ft in <input type="checkbox"/> m	<input type="checkbox"/> lb <input type="checkbox"/> kg	<input type="checkbox"/> lb <input type="checkbox"/> kg
Reason for change in weight (if applicable):						

SECTION E. HEALTH QUESTIONNAIRE – COMPLETE FOR EACH PROPOSED INSURED.

	MEMBER		SPOUSE		CHILDREN	
	Yes	No	Yes	No	Yes	No
1 In the last 2 years , has the proposed insured taken medication (not including contraceptives, vitamins and natural products) prescribed by a doctor for more than 4 consecutive weeks ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 Has the proposed insured had or do they currently have discomfort, signs or symptoms for which:						
• They have not yet consulted a doctor?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• They are waiting to see a specialist?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• They have consulted a doctor or other health professional and been advised to take medication, or undergo tests or surgery that has yet to happen or for which they are currently awaiting results?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 In the last 5 years , has the proposed insured spent more than 72 hours :						
• In a hospital, clinic or rehabilitation facility for care not related to pregnancy or childbirth?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• In an alcohol, drug or gambling addiction treatment centre?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 In the last 5 years , has the proposed insured been absent from work for health reasons other than maternity leave for more than 4 consecutive weeks ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 In the last 10 years , has the proposed insured consulted a health professional, been diagnosed, received treatment or undergone surgery for any of the following:						
• Abnormality of the immune system, including AIDS or a positive HIV test or other immunological infection or disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Cancer, tumor, polyp or other malignant disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Endocrine system disorders, including diabetes, thyroid disease or other endocrine problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Lung disorders, including asthma, emphysema, pulmonary fibrosis, tuberculosis, sleep apnea or other chronic lung or respiratory problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Cystic fibrosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Physical disorder, malformation or infirmity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Heart disease or problems with the circulatory system, including hypertension, infarct, angina, stroke, transient ischemic attack (TIA) or other heart, blood vessel or circulatory problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Gastrointestinal disorders, including Crohn’s disease and ulcerative colitis, hepatitis, hidden hepatitis, cirrhosis or other liver, pancreas, stomach or intestinal problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Blood disorders, including anemia, leukemia, hemophilia or other blood problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Cerebral, neurological or psychological disorders, including epilepsy, convulsions, dizziness, loss of consciousness, coma, depression, anxiety, eating disorders, job-related burnout, paralysis, multiple sclerosis, motor neuron disorders, Alzheimer’s disease, Parkinson’s disease or other cerebral, nervous or psychological problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Neurological impairment, including autism spectrum disorder, Rett syndrome, cerebral palsy, muscular dystrophy, hyperactivity, attention deficit disorder, delayed maturation, intellectual disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Problems with kidneys, urinary tract, bladder, prostate, breasts (including abnormal mammogram or ultrasound) or genitals (including abnormal PAP test) or presence of sugar, blood or protein in the urine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Muscle, joint and bone conditions, including chronic fatigue, fibromyalgia, arthritis, all forms of lupus, back or neck pain, or other musculoskeletal problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Ear, nose and throat conditions (not including otitis) or eye problems (not including myopia, presbyopia, hyperopia and astigmatism)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Other illnesses or medical problems not listed above	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Complete the table below for each question to which the proposed insured answered yes. Use an additional sheet if needed.

No.	First name	Nature of illnesses, surgery, accidents, consultations, examinations, treatments, medication, results	Date YYYY MM DD	Length of illness/ disability <input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	Length of hospitalization (if applicable) <input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	Name and address of physicians or hospitals
				<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	
				<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	
				<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	
				<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	
				<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	<input type="checkbox"/> Days <input type="checkbox"/> Months <input type="checkbox"/> Years	

SECTION F. LIFESTYLE QUESTIONNAIRE – COMPLETE FOR EACH PROPOSED INSURED.

		MEMBER		SPOUSE		CHILDREN	
		Yes	No	Yes	No	Yes	No
1	In the last 10 years , has the proposed insured had an application for insurance declined or modified, or approved with an exclusion or extra premium? If yes, indicate the reason and the dates:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	In the last 5 years , has the proposed insured had their driver’s license suspended or revoked?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	Has the proposed insured been accused or found guilty of a criminal act within the last 5 years ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	In the last 12 months , has the proposed insured used any form of tobacco, including e-cigarettes or other tobacco substitutes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	Has the proposed insured received treatment for drug or alcohol addiction, or has a health professional recommended that they reduce their drug or alcohol consumption?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	How much of the following does the proposed insured consume? <i>If none, indicate 0.</i>	Tobacco? <i>Number of cigarettes per day</i>					
	For alcoholic beverages, 1 serving = 1 bottle of beer (8 ounces) 1 glass of wine (4 ounces) 2 ounces of spirits	E-cigarettes? <i>Uses per day</i>					
		Tobacco substitute? <i>Uses per day</i>					
		Alcoholic beverages? <i>Number of servings per week</i>					
		Drugs or narcotics (including marijuana)? <i>Number of grams per week and product used</i>					

SECTION G. HISTORY – COMPLETE FOR EACH PROPOSED INSURED.

Is there any history in the family (father, mother, brothers, sisters) of heart disease, stroke, high cholesterol, high blood pressure, diabetes, kidney disease, multiple sclerosis, Huntington’s chorea, polyposis coli, cancer, Alzheimer’s disease, Parkinson’s disease, muscular dystrophy, motor neuron diseases or other hereditary diseases?

Yes No If yes, please complete the table below. For cancer, indicate the type.

Check the family member		Illness(es) (if cancer: type)	Age at onset of the illness	Age if alive	Age at death
MEMBER	<input type="checkbox"/> Father <input type="checkbox"/> Mother <input type="checkbox"/> Brother <input type="checkbox"/> Sister				
	<input type="checkbox"/> Father <input type="checkbox"/> Mother <input type="checkbox"/> Brother <input type="checkbox"/> Sister				
SPOUSE	<input type="checkbox"/> Father <input type="checkbox"/> Mother <input type="checkbox"/> Brother <input type="checkbox"/> Sister				
	<input type="checkbox"/> Father <input type="checkbox"/> Mother <input type="checkbox"/> Brother <input type="checkbox"/> Sister				
CHILDREN	<input type="checkbox"/> Father <input type="checkbox"/> Mother <input type="checkbox"/> Brother <input type="checkbox"/> Sister				
	<input type="checkbox"/> Father <input type="checkbox"/> Mother <input type="checkbox"/> Brother <input type="checkbox"/> Sister				

SECTION H. STATEMENT AND AUTHORIZATION REGARDING YOUR PERSONAL INFORMATION

I hereby certify that the answers given above are complete and true and I agree that they form an integral part of my application for insurance. I hereby acknowledge that I have read the notice regarding personal information management, as well as the notice regarding the MIB, LLC and that I have received a copy thereof. The insurance will become effective on the date indicated on the contract. Any false declaration may result in the cancellation of the insurance. I agree to notify Desjardins Insurance of any changes that occur to the health or lifestyle of the proposed insureds until such time as this application is approved. “Change to health or lifestyle” refers to any situation that could influence Desjardins Insurance’s decision, such as a change in health status, occupation, lifestyle, smoking habits or tobacco use; an accident; a consultation, examination or treatment by any health care professional; a recommendation to have a medical appointment or consultation with a health care professional that has not yet taken place; a medical test or a recommendation to have a medical test that has not yet been completed; a violation of the Highway Safety Code or other similar laws; a Criminal Code offence; foreign travels or participation in hazardous sports.

For the sole purpose of determining insurability, managing files and processing claims, I authorize Desjardins Insurance or its reinsurers: (a) to collect from any individual, legal entity or public or parapublic organization only the personal information they have about me that is needed to process my file. This information may be collected from third parties, including any health care professional or establishment, MIB, LLC, insurance and reinsurance companies, personal information brokers, investigation firms, the contract holder, my employer or my former employers; (b) to disclose to those individuals, legal entities or public or parapublic organizations only the personal information they have about me that is needed to manage my file; (c) to request, if applicable, an investigation report about me and to use the personal information contained in other files it may have that are now closed; (d) to disclose to my personal physician any medical information about me that was obtained during the evaluation of my file; (e) to disclose to other insurers or reinsurers any information about me that is relevant to determining my eligibility for insurance or for benefits; (f) to provide a brief report on my personal information, including my health information, to MIB, LLC. To achieve the purposes described above and to provide you support, your information, on a depersonalized basis, may be used for analysis, statistics and development of predictive models. This authorization also applies to the collection, use and communication of personal information regarding my dependents, insofar as applicable to my claim. A photocopy of this authorization is as valid as the original. If the Desjardins Insurance medical director deems appropriate, I authorize the medical director to send the information that they obtained to analyze my application or that supports the Company’s decision to the following physician:

Name and address of physician: _____

Remember your signature and the date!	Signature of member	Date (YYYY - MM - DD)
	Signature of spouse	Signature of dependent children aged 18 and over to be insured (aged 14 and over for Québec)

SECTION I. PERSONAL INFORMATION MANAGEMENT

To serve you effectively every day and fulfill our legal obligations, we need to collect, use and disclose information about you. You can read Desjardins Group's Privacy Policy at www.desjardins.com/privacy-policy for full details on how your personal information is processed. Specific consents may be required to begin and maintain a business relationship with Desjardins Insurance. These steps will be taken in compliance with Desjardins Group's Privacy Policy. Desjardins Insurance handles the personal information it has on you in a confidential manner. Access to your file is limited to authorized personnel who need it to access it to perform their duties. Desjardins Insurance may also communicate with plan members to provide them with optimal health management (management claim tools, informative health documentations, etc.) and offer its clients an insurance product following the termination of their group insurance. You have the right to review your personal information in our files and correct anything that is incomplete, ambiguous or not relevant. To do so, please consult our Privacy Policy.

SECTION J. NOTICE APPLICABLE TO MIB, LLC

Information regarding the insurability of the person to be insured will be treated as confidential by Desjardins Insurance, its reinsurers and MIB, LLC, a not-for-profit membership organization of insurance companies that operates an information exchange on behalf of its members. If you submit an application for life or health insurance coverage for an individual or a benefit claim for an insured to another MIB, LLC member company, upon request, MIB, LLC will supply such company with the information it has on file about this person.

MIB, LLC receives personal information for which the collection, use and disclosure is governed by the Personal Information Protection and Electronic Documents Act (PIPEDA) and provincial laws. Accordingly, MIB, LLC has agreed to protect such information in a manner that is substantially similar to Desjardins Insurance's privacy and personal information protection practices and in accordance with applicable laws. As a U.S.-based company, MIB, LLC is also bound by U.S. laws regarding the disclosure of personal information. To review MIB's Consumer Privacy Policy, please visit www.mib.com/privacy_policy.html.

Upon request, MIB, LLC will disclose all of the information in an insured's file to that insured. Insureds can contact MIB, LLC by emailing canadadisclosure@mib.com or calling 1-866-692-6901. Insureds who dispute the accuracy of the information MIB, LLC has on record for them can seek a correction in accordance with the procedures set forth on MIB, LLC's website at www.mib.com. They can also write to MIB, LLC's information office at 50 Braintree Hill Park, Suite 400, Braintree MA 02184-8734.

Desjardins Insurance and its reinsurers can also release information from their files to other insurance companies to which an application for life or health insurance or a benefit claim has been submitted. Consumers can obtain additional information about MIB, LLC at www.mib.com.